

Human Development: Adolescence to Adulthood

19056

Rationale Statement:

Each person passes through various life stages. These stages are infancy, childhood, adolescence, young adulthood, middle life and later life. Understanding human development helps students prepare for the roles of adulthood. *Human Development: Adolescence through Adult* is a course that is designed to enable students to gain knowledge necessary to understand the developmental stages from adolescence through late adulthood. The course will examine the developmental tasks, traits and problems of each of these stages.

Suggested grade level: 11th or 12th Grade

Topics covered:

- Theories of human development
- Principles of adolescent and adult development in physical, emotional, social, and intellectual
- Conditions that influence human growth and development
- Strategies to promote healthy human growth and development across the adolescence and adulthood

Indicator #1: Analyze principles of human growth and development across the adolescence and adulthood.	
Revised Bloom's Taxonomy	Standard and Examples
Understand	<p>HDAA 1.1 Select human development theories and related to adolescence and adulthood.</p> <p><i>Example:</i></p> <ul style="list-style-type: none"> • Write a reflection that applies a theory to your personal development. • Compare and contrast human development theories. • Read a historical novel depicting youth development changes.
Understand	<p>HDAA 1.2 Interrelate principles of physical, emotional, social, and intellectual development.</p> <p><i>Example:</i></p> <ul style="list-style-type: none"> • Prepare a presentation to illustrate principles of development and/or stages of development. • View a movie that depicts developmental issues and use class discussion to analyze principles of development presented. • Role model changes experienced in the aging process.
Apply	<p>HDAA 1.3 Explain interrelationships among physical, emotional, social, and intellectual aspects of human growth and development.</p>

	<p><i>Example:</i></p> <ul style="list-style-type: none"> • Write a case study examining the conflicts and problems faced throughout the adolescence and adulthood. Have students exchange case studies and use problem-solving and decision-making techniques to present solutions for class discussion. • Plan activities that promote positive development for a variety of age groups.
Indicator #2: Analyze conditions that influence human growth and development.	
Apply	<p>HDAA 2.1 Illustrate the impact of heredity and environment on human growth and development.</p> <p><i>Example:</i></p> <ul style="list-style-type: none"> • Research inherited or environmental factors that influence human growth and development to understand biology development. • Develop a personal health family tree. • Use a case study or scenario to predict consequences of inherited or environmental factors.
Understand	<p>HDAA 2.2 Interpret the impact of social, economic, and technological forces on individual growth and development.</p> <p><i>Example:</i></p> <ul style="list-style-type: none"> • Present information on a current topic relating to social, economic or technological forces. • Brainstorm ways society, economics, and technology impact individual growth and development. • Create a mind map from brainstorming results.
Create	<p>HDAA 2.3 Organize the effects of gender, ethnicity, and culture on individual development.</p> <p><i>Example:</i></p> <ul style="list-style-type: none"> • Interview people from a various ethnic backgrounds to understand differences and similarities. • Research cultural backgrounds and compare perspectives. • Have panel discussion/speakers with panelists from a variety of cultures.
Indicator #3: Distinguish strategies that promote growth and development across adolescence and adulthood development.	
Evaluate	<p>HDAA 3.1 Categorize the role of support systems in meeting human growth and development needs.</p> <p><i>Example:</i></p>

	<ul style="list-style-type: none"> • Identify community resources that provide for positive development opportunities. • Assess community resources that provide for positive development opportunities. • Participate in a simulation showing how to locate, access, and use community resource.
Evaluate	<p>HDAA 3.2 Judge the role of nurturance on human growth and development.</p> <p><i>Example:</i></p> <ul style="list-style-type: none"> • Compare behaviors of famous people and identify positive and negative factors that contributed to those behaviors. • Journal personal experiences, past and present that illustrate nurturing practices that influence your personal development. • Develop a project for a student organization that promotes interaction between generations.